STIMULATING SPORT @ BASIC ARCHERY COURSE

Participants learn

- Basic techniques & understanding of the equipment
- Safety procedure & range rules
- Assemble of standard recurve bow
- Correct shooting technique
- Practice and mini tournament for team building

Benefits for students

- Learn techniques to control their body
- Develop stamina & mental strength
- Learn to focus & concentrate
- Build up self-confidence & sharpen their instinctive faculty
- To bring them back to Nature & Reality World instead of immersing in electronic games & gadgets
- A Safe & Affordable sport with minimum injuries



Regional & International Games

- Archery in SEA Games and Olympics
- One of the 26 sports in Youth Olympics Game 2010
- Indoor Archery World Cup



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